



EMBRACING SHAMANISM

"Turning the Wheel"

Navigating through the Chaos of Our Time

and

Healing Circle Training

Advanced Weeklong Shamanic Intensive
with Twobirds Cunningham

A unique course seamlessly combining two popular Embracing Shamanism events into a vibrant, richly immersive programme of transformative shamanic practices.

May 21–28, 2027, Hokyoji, MN



Turning the Wheel

Navigating through the Chaos of Our Time

We live in an era of profound uncertainty—both in the world and within ourselves. Rates of anxiety and depression have reached unprecedented highs, while the climate crisis deepens around us, its consequences felt in our daily lives.

We stand at the threshold of the greatest transformation in human civilization: one that will forever reshape who we are, not merely as individuals, but as a species.

This is not a passive process. We cannot sit idly by as the world changes around us. We ourselves are being transformed as part of a greater whole, called by the Universe to become

conscious, active agents in our collective awakening. Drawing on a rich variety of shamanic practices, ceremony, movement and dance we will explore and work with the following main themes:

The Age of Energy

We will explore in detail when and how humanity crossed into the Age of Energy—the Age of Consciousness—and the essential inner rewiring

required to shift from five sensory to multisensory perception, our role as 'soul travellers' within this unfolding epoch, and how we can thrive with multisensory perception amid the growing turbulence of the world.

The Mystical Truths

The Mystical Truths are living, sacred expressions of the Divine that govern the universe both around us and within us.

Turning the Wheel (cont.)

They are the invisible forces that keep the inner and outer orbits turning, sustaining the energetic, the physical, and the divine dimensions that move through our being. We will enter into deep communion with these Truths to gain clearer insight into this transformative era, the profound evolution our species is undergoing, and the way these eternal principles shape and guide our individual lives.

The Tribal Archetype

The world is becoming increasingly fractured—politically, ideologically, and socially. Conflict persists, oppression expands and suffering deepens, leaving millions feeling isolated, powerless, and overwhelmed. Our collective tribal Archetype still operates from a limited five

sensory survival psychology, driving shadow based decisions across the global community. We will explore what the tribal consciousness must evolve into and how each of us, as individuals, can actively support that transformation.

The Wheel of Transformation— Multidimensional Healing Circles in the Cosmic Map

Rooted in the classic healing circle tradition, this expanded form invites us to channel and commune with greater powers such as the Mystical Truths, the Governing Principles of Nature, and the Shadow and Destiny Archetypes, exploring how these forces shape our collective human consciousness and the living consciousness of Mother Earth.

The Journey into Joy as a Spiritual Practice

Joy is a vital medicine for thriving amid the challenges of our time. It serves as a sacred balancer, helping us navigate the anxieties and pressures arising both from the outer world and from within our own lives. Joy is not only a natural birth right; it is a responsibility we carry—a force we are meant to seek, cultivate, and offer back to the world. We will explore how *joy* differs fundamentally from *happiness* and how it remains accessible to all beings, regardless of trauma history or the circumstances we may find ourselves moving through.



Healing Circle Training

In cross-cultural shamanic healing, it is well established that the power of healing—whether for an individual or a piece of land—multiplies exponentially with the number of compassionate family members, friends, and community participants present.

This occurs because the group consciously sets aside personal identities and conditioning, creating space for unhindered spiritual energy to flow. When two or more spiritual energies come together in this way, their union generates a potent third force—often called the “magical child”—the living energy of change,

transformation, and deep healing.

We will focus primarily on the Circle of Synergy, also known as the Alchemist Healing Circle. Within this sacred space, guided by the Alchemist, multiple spirits are invoked to collaborate in healing individuals through the medium of their human

companions.

The potential of this practice is boundless, born from the powerful synergy created by the divine presence and unique healing qualities of each spirit in the circle.



Those familiar with the Alchemist Healing Circle will have the opportunity to step into the place of the Alchemist. Contact Twobirds if you want to take this role: welcome@embracingshamanism.org

The Venue

We will be at the beautiful Hokyoji Zen Practice Community, 2649 County Rd 5, Eitzen, MN, visit their website for more details.

Hokyoji Zen Practice Community

Date: May 21–28, 2027 *The course starts 6pm on Friday with a welcome supper and concludes the following Friday at 1pm with a closing lunch.*

Cost: \$1500–\$1800 *depending on the choice of accommodation. Trainer fee is \$800. Accommodation and food is \$1000 for bedroom accommodation, and \$700 for camping or the dorm-style option in the Zendo.*

Pre-requisite: *This advanced training is designed for those who have completed a Shamanic Practitioner Training or already possess a good foundation in shamanic practices.*

The training is limited to 20 participants, if you want to join please contact Embracing Shamanism for booking details: info@embracingshamanism.org

Blessings to you all,

